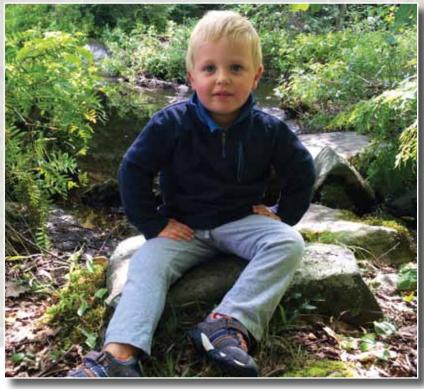


WILDERNESS — PASS IT ON... To Our Children, and to the Youth of Distant Tomorrows!



Adirondack Wild's youngest member, Colin Rowe. Photo © Ken Rimany.

ENGAGE IN NATURE WITH A CHILD TODAY

"There is no going back to ours and earlier generations that took childhood immersion in our neighborhood woods and fields and streams for granted. The woods used to be our country's educational laboratories, but not any longer. For young parents today the desire to have their children engage in 'nature play' must compete with screen time, virtual worlds, stranger danger, residential and commercial sprawl, nature loss, Lyme disease."

"Yet the positive impacts of nature play are well known. With unstructured play and exploration in the outdoors comes improved school test scores, better emotional balance, faster social skills development, growth in self-esteem, and in skill competence. I am after the balanced, hybrid mind that only develops through autonomous, encouraged, free time in the American outdoors. Our parks and wilderness areas are now among our best pharmacies, and our park rangers are also now health practitioners."

- Richard Louv, speaking at SUNY New Paltz in 2014, author of Last Child in the Woods and The Nature Principle

For a <u>FREE</u> copy of our report: *The Adirondack Park at a Crossroad: A Road Map for Action*, please visit our website, <u>www.adirondackwild.org</u>, and download it right from the home page.

While you're there, we also invite you to become a member, make a donation, or sign up for our award-winning eNewsletter, Dialogue for the Wild.

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